

Appendix A: Assessing your bird's pain level. ²³

Domain	Regularly	Sometimes	Rarely
<i>Physical</i>			
Is your bird's energy level normal?			
Is your bird capable of completing normal, everyday tasks (playing, foraging, etc.)			
Is your bird eating normal amounts of food?			
Does your bird eat the normal variety of foods offered?			
Does your bird greet you with alertness and vocalization?			
Does your bird walk easily?			
Does your bird fly easily?			
Does your bird stumble due to poor vision?			
Does your bird fly into windows or furniture?			
Does your bird hear normally?			
Does your bird recognize his name and turn his head when you speak to him?			
Is your bird breathing normally, without tail-bobbing?			
Does your bird become out-of-breath after light exertion?			
Does your bird let you touch the painful area?			
Does your bird sleep comfortably on a perch?			
Does your bird sleep on a platform or cage floor?			
Does your bird alternate its sleeping positions?			
Does your bird sit for long periods with its feathers fluffed and head under the wing?			
Does your bird react adversely to any medications?			
Is your bird presently on any medications?			
<i>Behavioral</i>			
Is your bird behaving normally?			
Does your bird play with toys?			
Does your bird enjoy foraging opportunities?			
Does your bird engage in normal self-grooming/preening behavior?			
Does your bird engage in social grooming of other birds?			
Does your bird preen normally after a bath?			
Does your bird appear chilled and remain still after a bath instead of preening normally?			
Is your bird easy to awaken?			
Is your bird ever unusually anxious or nervous?			
Does your bird cry out unexpectedly?			
Does your bird exhibit guarding behavior by changing body positions in order to protect a painful area?			
Does your bird withdraw to a corner or other solitary place and sit still?			
Does your bird engage in feather-destructive behavior?			
Does your bird engage in painful grooming behavior or self-mutilation at a specific site?			
Does your bird engage in painful grooming behavior or self-mutilation generally?			
Does your bird experience long periods of decreased activity?			
Is your bird increasingly aggressive toward other birds of the same species?			
Is your bird increasingly aggressive toward you?			
Is your bird tolerant of other pets in the house?			
Is your bird's plumage in good condition?			
Are there any unusual lumps or growths on your bird?			

Are your bird's eyes clear and bright?
When you lift the eyelid, is it red?
Are the nares clear and free of debris?
Is there any discharge from the nares?
Is your bird's vent red, inflamed or swollen?
Is there any tissue coming out of the vent?
Does his preen gland appear normal?

Social

Is your bird happy to see you when you get home?
Does your bird interact normally with you?
Does your bird interact normally with other people?
Do you think your bird is happy?
Does your bird interact normally with other birds of the same species?
Does your bird choose to perch away from other birds of the same species?
Is your bird fearful of other pets in the house?
Do the other pets frighten or harm the bird?

What is your bird's pain assessment?

The Bird Is In No Pain

The Bird Is In Great Pain

0 _____ 10